

Wake up Bites :

Kayianas :

Eggs with fresh tomato sauce, feta and Greek herbs.

Egg white Omelet:

Omelet with egg white, turkey, cheese, mushrooms and peppers

Avocado toast

Avocado, tomatoe, Greek herbs, feta crumble and poached eggs

Sweet Morning

Yogurt bowl

Greek yogurt with honey walnuts and seasonal fruits

Pancakes

with hazelnut spread, Oreo biscuit and seasonal fruits